



## OPTION C2: TEN (10) SELF-STUDY ARTICLES 2023 READING LIST:

1. Ostengaard L, Lundh A, Tjornhoj-Thomsen T, et al. Influence and management of conflicts of interest in randomised clinical trials: qualitative interview study. *BMJ* 2020;371:m3764. <http://dx.doi.org/10.1136/bmj.m3764> (ETHICS)
2. Pérez-Escamilla R, Tomori C, Hernández-Cordero S et al. Breastfeeding: Crucially important, but increasingly challenged in a market-driven world. *Lancet* 2023; 401: 472–85 [https://doi.org/10.1016/S0140-6736\(22\)01932-8](https://doi.org/10.1016/S0140-6736(22)01932-8)
3. Rollins N, Piwoz E, Baker P et al. Marketing of Commercial Milk Formula: A System to Capture Parents, Communities, Science and Policy. *Lancet* 2023; 401: 486–502 [https://doi.org/10.1016/S0140-6736\(22\)01931-6](https://doi.org/10.1016/S0140-6736(22)01931-6)
4. Baker P, Smith JP, Garde A et al. The political economy of infant and young child feeding: confronting corporate power, overcoming structural barriers and accelerating progress. *Lancet* 2023; 401: 502-524. [https://doi.org/10.1016/S0140-6736\(22\)01933-X](https://doi.org/10.1016/S0140-6736(22)01933-X)
5. Barazzoni R, Jensen GL, Correia MITD et al. Guidance for assessment of the muscle mass phenotypic criterion for the Global Leadership Initiative on Malnutrition (GLIM) diagnosis of malnutrition. *Clinical Nutrition* 2022. <https://doi.org/10.1016/j.clnu.2022.02.001>
6. de Oliveira LC, Calixto-Lima L, Cunha GdC, et al. Effects of specialised nutritional interventions in patients with incurable cancer: a systematic review. *BMJ Supportive & Palliative Care* 2022; 12:388–402 <http://dx.doi.org/10.1136/spcare-2022-003893>
7. Rozga M, Latulippe ME & Steiber A. Advancements in Personalized Nutrition Technologies: Guiding Principles for Registered Dietitian Nutritionists. *J Acad Nutr Diet.* 2020;120(6):1074-1085. <https://doi.org/10.1016/j.jand.2020.01.020> (ETHICS)
8. Berger MM, Talwar D, Shenkin A. Pitfalls in the interpretation of blood tests used to assess and monitor micronutrient nutrition status. *Nutr. Clin. Pract.* 2023; 38:56–69 DOI: 10.1002/ncp.10924
9. Thibault R, Abbasoglu O, Ioannou E. ESPEN guideline on hospital nutrition. *Clinical Nutrition* 40 (2021) 5684e5709. <https://doi.org/10.1016/j.clnu.2021.09.039>
10. Ezzati A, Rosenkranz SK, Phelan J, et al. The Effects of Isocaloric Intermittent Fasting vs Daily Caloric Restriction on Weight Loss and Metabolic Risk Factors for noncommunicable Chronic Diseases: A Systematic Review of Randomized Controlled or Comparative Trials. *J Acad Nutr Diet.* 2023;123(2):318-329. <https://doi.org/10.1016/j.jand.2022.09.013>