



OPTION C 2: TEN (10) SELF-STUDY ARTICLES

2024 READING LIST:

1. Cardenas D et al. Nutritional care is a human right: Translating principles to clinical practice. (Ethics)
2. Chin et al. Food and nutrition labelling as a nutrition education tool: understanding, perspectives and practices of South African dietitians.
3. Lomer et al. British Dietetic Association consensus guidelines on the nutritional assessment and dietary management of patients with inflammatory bowel disease.
4. Milner et al. Utilizing Probiotics for the Prevention and Treatment of Gastrointestinal Diseases.
5. Shahid et al. Diet and lifestyle modifications for effective management of polycystic ovarian syndrome (PCOS).
6. Kapur et al. Nutrition Management of Gestational Diabetes Mellitus.
7. Chatelan et al. ChatGPT and Future Artificial Intelligence Chatbots: What may be the Influence on Credentialed Nutrition and Dietetics Practitioners. (Ethics)
8. Guasch-Ferre et al. The Mediterranean diet and health: a comprehensive overview.
9. Virmani et al. ISPAD Clinical Practice Consensus Guidelines 2022: Management of the child, adolescent, and young adult with diabetes in limited resource settings.
10. Luo et al. Trends in the Number of Behavioural Theory-Based Healthy Eating Interventions Inclusive of Dietitians/Nutritionists in 2000–2020.